

Pet Education Partnership



Can you binky like a bunny?

If a rabbit is feeling really happy, they'll do a binky, which is sort of like a happy hop that looks like they're dancing.

To do a binky....

First you must run really fast.
Next, stop and leap into the air.
As you jump, flick your body to the side (like a side jump) and shake your head.

How did that make you feel?



Rabbits



Mythbusting: Thumping

Rabbits do sometimes thump their legs when they're feeling playful, but this stamping action can also mean that danger is near and they're warning other rabbits or that they're bored and frustrated.

To thump like a rabbit....

Stomp both feet at the same time (like jumping on the spot when you're feeling angry or annoyed)

How did that make you feel?



Rabbits



Can you knead like a cat?

If a cat is feeling happy and content, they'll sometimes do a kneading action, also known as making biscuits.

To make biscuits like a cat...

Lift one arm slowly.

As you lift your arm, flex your fingers in and out, as if you're kneading bread.

Repeat with the other arm.

And keep repeating, one arm at a time.

How did that make you feel?



Cats



Can you tell when a cat feels scared?

If a cat is feeling scared of something, they might just run or they may freeze on the spot and make themselves look small.

To learn how a fearful cat may feel...

Crouch down really low to the ground

Lower your head

Arch your back

And show your teeth

How did that make you feel?



Cats



Happy dogs

You can often tell how a dog is feeling by their body and their tail. If a dog is feeling really happy, their whole body will be loose and wiggly and their tail will be waggy.

To act like a happy dog....

Imagine your body has no bones, all loose and floppy. Now, wiggle around like a wobbly jelly

How did that make you feel?



Dogs



Zoomies

If a dog is feeling really happy, they may run around at a super speed, like they've just had a big burst of energy. They'll also show other signs that they're happy, such as wagging their tail.

To zoom like a happy dog...
Simple, just run as fast as you can.

How did that make you feel?



Dogs



Can you roly-poly like a hamster?

You may have seen a hamster roll around in a wheel. When they run really fast, sometimes, they can do a roly-poly.

Can you roly-poly like a hamster in a wheel?

It's just like a forward roll – just make sure you're somewhere with a soft floor!

How did that make you feel?

Hamsters



Did someone say popcorn?

When a guinea pig gets really excited, they may jump around happily while squeaking. The movement that they do when they're feeling this way is called 'Popcorning'.

To popcorn like a guinea pig...

Imagine you are a piece of popcorn all curled up, but about to burst. Then suddenly, explode into a star jump.

How did that make you feel?

**Guinea
pigs**



Can you gallop like a horse?

Whenever anybody thinks of horses, they think of galloping. Horses naturally gallop when they need to get somewhere quickly, but their owner may also encourage them to gallop as it's a good way of keeping fit.

To gallop like a horse...

Place one foot in front of you and skip forward. You could also work in pairs and use a skipping rope as a reign.

How did that make you feel?

Horses



Can you slither like a snake?

Whenever anybody thinks of snakes, they think of slithering. This is the way that snakes get around, as they have no legs and rely on their muscles and scales to move.

To slither like a snake...

Lie on the floor with your arms by your sides and your legs together. Imagine you have no arms or legs and move from side to side whilst trying to move forwards.

How did that make you feel?

Snakes

